

American Legacy[®] Target Date Income B-Share Individual Variable Annuity Contracts

Updating Summary Prospectus for Current Contractowners

May 1, 2022

This updating summary prospectus summarizes certain changes to key features of the American Legacy[®] Target Date Income B-Share variable annuity contract issued by Lincoln Life & Annuity Company of New York (Lincoln New York or Company).

You should read this updating summary prospectus carefully, particularly the section titled Important Information You Should Consider about the American Legacy[®] Target Date Income B-Share contract.

The prospectus for the American Legacy[®] Target Date Income B-Share variable annuity contract contains more information about the Contract's features, benefits, and risks. You can find the prospectus and other information about the Contract online at www.lfg.com/VAprospectus. You can also obtain this information at no cost by calling 1-800-942-5500 or by sending an email request to CustServSupportTeam@lfg.com.

Additional information about certain investment products, including variable annuities, has been prepared by the Securities and Exchange Commission's staff and is available at Investor.gov.

All prospectuses and other shareholder reports, will be made available on www.lfg.com/VAprospectus. If you wish to receive future shareholder reports in paper, free of charge, please call us at 1-800-942-5500, send an email request to CustServSupportTeam@lfg.com, or contact your registered representative. Your election to receive reports in paper will apply to all funds available under your Contract.

Updated Information About Your Contract

The information in this updating summary prospectus is a summary of certain contract features that have changed since the prospectus dated May 1, 2021. This may not reflect all of the changes that have occurred since you entered into your Contract.

Summary of Recent Contract Changes:

- Beginning September 1, 2021, Purchase Payments totaling \$2 million or more (previously \$1 million) are subject to Servicing Office approval.
- Beginning September 1, 2021, the election of any of the Living Benefit Riders available under your Contract is subject to Servicing Office approval if your Contract Value totals \$2 million or more (previously \$1 million). This provision does not apply to elections of *i4LIFE*[®] Advantage.

Important Information You Should Consider About the American Legacy[®] Target Date Income B-Share Variable Annuity Contract

FEES AND EXPENSES		Location in Prospectus																			
Charges for Early Withdrawals	If you make a withdrawal in excess of the free withdrawal amount before the 5 th anniversary since your last Purchase Payment, you may be assessed a surrender charge of up to 7% of the amount withdrawn, declining to 0% over that time period. For example, if you make a withdrawal of \$100,000 during the first year (7% is only applicable for the first year) after your Purchase Payment, you could be assessed a charge of up to \$7,000 on the Purchase Payment withdrawn.	<ul style="list-style-type: none"> • Fee Tables • Examples • Charges and Other Deductions – Surrender Charge 																			
Transaction Charges	There is currently no charge for a transfer. We reserve the right to charge a \$25 fee for each transfer if you make more than 12 transfers in one Contract Year.	<ul style="list-style-type: none"> • Charges and Other Deductions 																			
Ongoing Fees and Expenses (annual charges)	<p>Minimum and Maximum Annual Fee Table. The table below describes the fees and expenses that you may pay each year, depending on the options you choose. Please refer to your contract specifications page for information about the specific fees you will pay each year based on the options you have elected.</p> <table border="1"> <thead> <tr> <th>Annual Fee</th> <th>Minimum</th> <th>Maximum</th> </tr> </thead> <tbody> <tr> <td>Base Contract – Contract Value Death Benefit</td> <td>0.92%¹</td> <td>0.92%¹</td> </tr> <tr> <td>Base Contract – Guarantee of Principal Death Benefit</td> <td>1.12%¹</td> <td>1.12%¹</td> </tr> <tr> <td>Investment options (fund fees and expenses)</td> <td>0.83%¹</td> <td>0.90%¹</td> </tr> <tr> <td>Optional benefits available for an additional charge (for a single optional benefit, if elected)</td> <td>0.40%¹</td> <td>2.45%²</td> </tr> </tbody> </table> <p>¹ As a percentage of average Account Value in the Subaccounts.</p> <p>² As an annualized percentage of the Protected Income Base.</p> <p>Lowest and Highest Annual Cost Table. Because your Contract is customizable, the choices you make affect how much you will pay. To help you understand the cost of owning your Contract, the following table shows the lowest and highest cost you could pay each year. This estimate assumes that you do not take withdrawals from the Contract, which could add surrender charges that substantially increase costs.</p> <table border="1"> <thead> <tr> <th>Lowest Annual Cost: \$2,041</th> <th>Highest Annual Cost: \$5,029</th> </tr> </thead> <tbody> <tr> <td> <p>Assumes:</p> <ul style="list-style-type: none"> • Investment of \$100,000 • 5% annual appreciation • Least expensive fund fees and expenses • No optional benefits • No surrender charges • No additional Purchase Payments, transfers, or withdrawals </td> <td> <p>Assumes:</p> <ul style="list-style-type: none"> • Investment of \$100,000 • 5% annual appreciation • Most expensive combination of optional benefits, fund fees and expenses • No surrender charges • No additional Purchase Payments, transfers, or withdrawals </td> </tr> </tbody> </table>	Annual Fee	Minimum	Maximum	Base Contract – Contract Value Death Benefit	0.92% ¹	0.92% ¹	Base Contract – Guarantee of Principal Death Benefit	1.12% ¹	1.12% ¹	Investment options (fund fees and expenses)	0.83% ¹	0.90% ¹	Optional benefits available for an additional charge (for a single optional benefit, if elected)	0.40% ¹	2.45% ²	Lowest Annual Cost: \$2,041	Highest Annual Cost: \$5,029	<p>Assumes:</p> <ul style="list-style-type: none"> • Investment of \$100,000 • 5% annual appreciation • Least expensive fund fees and expenses • No optional benefits • No surrender charges • No additional Purchase Payments, transfers, or withdrawals 	<p>Assumes:</p> <ul style="list-style-type: none"> • Investment of \$100,000 • 5% annual appreciation • Most expensive combination of optional benefits, fund fees and expenses • No surrender charges • No additional Purchase Payments, transfers, or withdrawals 	<ul style="list-style-type: none"> • Fee Tables • Examples • Charges and Other Deductions
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	RISKS	Location in Prospectus
Risk of Loss	<ul style="list-style-type: none"> You can lose money by investing in this Contract, including loss of principal. 	<ul style="list-style-type: none"> Principal Risks Investments of the Variable Annuity Account
Not a Short-Term Investment	<ul style="list-style-type: none"> This Contract is not designed for short-term investing and may not be appropriate for the investor who needs ready access to cash. Withdrawals may result in surrender charges. If you take a withdrawal, any surrender charge will reduce the value of your Contract or the amount of money that you actually receive. The benefits of tax deferral, long-term income, and living benefit protections also mean the Contract is more beneficial to investors with a long-term investment horizon. 	<ul style="list-style-type: none"> Principal Risks Surrender and Withdrawals Fee Tables Charges and Other Deductions Living Benefit Riders
Risks Associated with Investment Options	<ul style="list-style-type: none"> An investment in this Contract is subject to the risk of poor investment performance of the investment options you choose. Performance can vary depending on the performance of the investment options available under the Contract. Each investment option (including the fixed account option) has its own unique risks. You should review the investment options before making an investment decision. 	<ul style="list-style-type: none"> Principal Risks Investments of the Variable Annuity Account
Insurance Company Risks	<ul style="list-style-type: none"> An investment in the Contract is subject to the risks related to us. Any obligations (including under the fixed account option), guarantees, or benefits of the Contract are subject to our claims-paying ability. If we experience financial distress, we may not be able to meet our obligations to you. More information about Lincoln Life, including our financial strength ratings, is available upon request by calling 1-800-942-5500 or visiting www.LincolnFinancial.com. 	<ul style="list-style-type: none"> Principal Risks
	RESTRICTIONS	Location in Prospectus
Investments	<ul style="list-style-type: none"> We reserve the right to charge a \$25 fee for each transfer if you make more than 12 transfers in one Contract Year. We reserve the right to remove or substitute any funds as investment options that are available under the Contract. 	<ul style="list-style-type: none"> Principal Risks Investments of the Variable Annuity Account
Optional Benefits	<ul style="list-style-type: none"> Optional benefits may limit or restrict the investment options that you may select under the Contract. We may change these restrictions in the future. Excess Withdrawals may reduce the value of an optional benefit by an amount greater than the value withdrawn or result in termination of the benefit. You are required to have a certain level of Contract Value for some new rider elections. We may modify or stop offering an optional benefit that is currently available at any time. If you elect certain optional benefits, you may be limited in the amount of Purchase Payments that you can make (and when). 	<ul style="list-style-type: none"> The Contracts Living Benefit Riders Appendix B – Investment Requirements
	TAXES	Location in Prospectus
Tax Implications	<ul style="list-style-type: none"> Consult with a tax professional to determine the tax implications of an investment in and payments received under this Contract. If you purchase the Contract through a tax-qualified plan or IRA, you do not get any additional tax deferral under the Contract. Earnings on your Contract are taxed at ordinary income tax rates when you withdraw them, and you may have to pay a penalty if you take a withdrawal before age 59½. 	<ul style="list-style-type: none"> Federal Tax Matters

	CONFLICTS OF INTEREST	<small>Location in Prospectus</small>
Investment Professional Compensation	<ul style="list-style-type: none"> • Your registered representative may receive compensation for selling this Contract to you, both in the form of commissions and because we may share the revenue it earns on this Contract with the professional's firm. (Your investment professional may be your broker, investment adviser, insurance agent, or someone else). • This potential conflict of interest may influence your investment professional to recommend this Contract over another investment. 	<ul style="list-style-type: none"> • Distribution of the Contracts • Principal Risks
Exchanges	<ul style="list-style-type: none"> • If you already own a contract, some investment professionals may have a financial incentive to offer you a new Contract in place of the one you own. You should only exchange your contract if you determine, after comparing the features, fees, and risks of both contracts, that it is better for you to purchase the new Contract rather than continue to own your existing contract. 	<ul style="list-style-type: none"> • The Contracts - Replacement of Existing Insurance

Appendix A — Funds Available Under The Contract

The following is a list of funds currently available under the Contract. Depending on the optional benefits you choose, you may not be able to invest in certain funds. More information about the funds is available in the Fund's prospectus, which may be amended from time to time and can be found online at www.lfg.com/VAprospectus. You can also request this information at no cost by calling 1-800-942-5500 or by sending an email request to CustServSupportTeam@lfg.com.

The current expenses and performance information below reflects fees and expenses of the Fund, but do not reflect the other fees and expenses that your Contract may charge. Expenses would be higher and performance would be lower if these other charges were included. Each fund's past performance is not necessarily an indication of future performance.

Investment Objective	Fund and Adviser/Sub-adviser ¹	Current Expenses	Average Annual Total Returns (as of 12/31/2021)		
			1 year	5 year	10 year
To provide growth, income and conservation of capital depending on proximity to target date. A fund of funds.	American Funds 2010 Target Date Fund SM - Class 4	0.83%	8.75%	N/A	N/A
To provide growth, income and conservation of capital depending on proximity to target date. A fund of funds.	American Funds 2015 Target Date Fund SM - Class 4	0.84%	9.74%	N/A	N/A
To provide growth, income and conservation of capital depending on proximity to target date. A fund of funds.	American Funds 2020 Target Date Fund SM - Class 4	0.85%	10.10%	N/A	N/A
To provide growth, income and conservation of capital depending on proximity to target date. A fund of funds.	American Funds 2025 Target Date Fund SM - Class 4	0.87%	10.77%	N/A	N/A
To provide growth, income and conservation of capital depending on proximity to target date. A fund of funds.	American Funds 2030 Target Date Fund SM - Class 4	0.88%	12.55%	N/A	N/A
To provide growth, income and conservation of capital depending on proximity to target date. A fund of funds.	American Funds 2035 Target Date Fund SM - Class 4	0.90%	14.99%	N/A	N/A

¹ The name of the adviser or sub-adviser is not listed if the name is incorporated into the name of the fund or the fund company.

² This fund is subject to an expense reimbursement or fee waiver arrangement. As a result, this fund's annual expenses reflect temporary expense reductions. See the fund prospectus for additional information.

Appendix B – Investment Requirements

If you elect the Target Date Income Benefit, you will be subject to Investment Requirements that will apply during the time this benefit is in effect. This means you will be limited in your choice of Subaccount investments, and that you will not be able to allocate Contract Value to all of the Subaccounts that are available to Contractowners who have not elected this rider. We impose Investment Requirements to reduce the risk of investment losses that may require us to use our own assets to make guaranteed payments under a Living Benefit Rider.

Certain investment options are not available to you if you purchase this rider. The Investment Requirements may not be consistent with an aggressive investment strategy. You should consult with your registered representative to determine if the Investment Requirements are consistent with your investment objectives.

The Investment Requirements for the Target Date Income Benefit are based on your year of birth (earliest year for joint life) at the time you elect the rider. You must allocate 100% of your Contract Value to the appropriate fund in the chart below, which applies for the entire duration of the rider. All other funds are unavailable.

Year of Birth	Target Date Fund
1978 – 1982	2035
1973 – 1977	2030
1968 – 1972	2025
1963 – 1967	2020
1958 – 1962	2015
Prior to 1958	2010

This updating summary prospectus incorporates by reference the prospectus and statement of additional information (SAI) for the Contract, both dated May 1, 2022, as may be amended or supplemented from time to time. The SAI may be obtained, free of charge, in the same manner as the prospectus.

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EDGAR Contract Identifier C000216689